

## County College JCR Exec

**RON** will be a candidate for all positions. Re Open Nominations – allows voters state they do not feel any of the current candidates standing are suitable for the role and would like to re-open nominations.

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### President

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**Santi Siabato Trujillo**

#### Manifesto

Santiago Siabato JCR Manifesto

Hiya everyone! My name is Santi Siabato. Things to know about me before we dive into the MANY reasons why I'd love to be your next County JCR President are: I'm a third-year Marketing and Psychology student, I love to sing, dance, and slay. And finally, I'm from Colombia!

My key aims as President are to:

- Develop a proactive County JCR
- Introduce more big budget County College socials
- Boost engagement and promotion of County College Sports teams

I am already a part of County's JCR as your Men's+ Welfare Officer. During my time on the JCR, I have played an active role in running and organising County's Mindful Mondays. Waffle mornings, society collaborations such as LUSoupSoc and, of course, plant pot decorating are some events I have enjoyed coordinating. By being a part of County's amazing welfare team, I got to do what I love most which is meeting, supporting, and inspiring new County College members whilst also familiarising myself with the way the JCR operates.

I have every intention to make our County College members experience even better by leading, encouraging, and supporting members of the JCR to propose their own ideas and projects. The purpose of this would be to push for collaboration within the JCR and, as a result, help JCR members feel more fulfilled within their role as they work towards having a positive impact on the College.

Socials and Sport:

Being the biggest College on campus, we should take full advantage of being able to come together and enjoy ourselves. However, at the moment, I feel as though this is not the

case. Introducing two big budget events a year would allow us to offer a unique event for College members. Other Colleges on campus have their own unique termly socials except us and I would like to change that through working with the SU.

Regarding sport, I aim to support the JCR sports officers with College sport promotion and hope to improve the facilities for College sports teams. I would like to start conversations about getting new darts boards and pool tables for the bar sports teams and, hopefully, finding ways in which we can increase funding for College sports in order to contribute to kit prices as well as helping cover the costs of tournament entries. In terms of publicity, I want to re-share College sports posts and match times on The County College Instagram to generate greater engagement and get more County members involved in College sports. I would also love to encourage College members to watch the College qualifying matches for Roses 2023 as Roses will always be one of the greatest things about being part of Lancaster University. Finally, I plan to work with the Media officers and the JCR to create more hype, visibility, and engagement for Titans 2023. Count on the SLAY!

#### Welfare:

I've seen first-hand how valuable our College welfare system is to our College members. As President, I want to actively support engagement between College members and the Welfare team. Therefore, I'd love to keep Mindful Mondays running by working with the Welfare team to make sure we keep providing fun, engaging, and inclusive events. I also want to support College and society collaborations for Mindful Mondays in order to generate more engagement and a wider range of events, thus also providing more exposure for societies. My biggest aim is to work alongside the International & Faith and Equality and Opportunities officers to provide ways in which we can include our international students. This could be done through collaborating with other Colleges in order to run events like International Karaoke, which would create a diverse and inclusive environment in the College. We can also collaborate with multi-faith and cultural societies to expose them to the greater College community.

#### Welcome Week:

Having joined the university during Covid times and getting to experience Freshers Week as a member of the JCR, I know how stressful it can be making the College feel like your home away from home.

During Welcome Week this year, new County members expressed how they found their place at Lancaster through engaging with College events. Whilst I believe that it is crucial to maintain iconic events like Quizzing with the Queens, I believe others such as the Minions + Smurfs campus bar crawl alongside Big Night Out (BNO) can and should be improved for our

freshers next year. We need more support from the SU for the BNO and I aim to collaborate with them in order to make sure our JCR and Welcome Reps are better prepared for next year.

Overall, I want all County College members to feel that they have a President and a JCR who will make active changes to the College in order to enhance your university experience!

Thank you for reading and #Slay4Santi xx

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## Vice President Democracy & Finance

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**Emmanuel Adeyemi-Abere**

### Manifesto

Hi, I'm Emmanuel, a third year Undergraduate student of History and Politics from County College. I'm also currently on the JCR Exec as your Equality and Opportunities Officer and, after nearly two years in this position, I want to put myself forward for a different role as your new VP Democracy & Finance.

So why am I campaigning for this change in the midst of an extremely busy final year of study?

While in a different role, two years of experience on the Exec has not been for nothing. Such involvement, especially in my 2<sup>nd</sup> Year without COVID-19 restrictions, enhanced my appreciation for the weekly rigour of being on the JCR Exec. I have keenly immersed myself in partaking in a range of functions that include:

- Supporting the VP Welfare, Equality & Diversity in running extra interviews for Welcome Reps
- Heavily participating in & encouraging participation in Titans
- Filling in for & relaying information to the President at PresComm
- Running multiple Welfare weeks for Welcome Week that include a campus tour, woodland walk and self-organised collaborative Bingo night with the Sober Society for the second year in a row
- Running a Black History Month social media campaign & delivering a speech in conjunction with Library staff & the WIMCW Exec
- Arranging slides and running training for Intercambio along with the International & Faith Officer

I have willingly thrown myself into activity outside the remit of my role as part of the team but I believe such experiences have also placed me in a strong position to fulfil such an operational role. Holding others to account not only would require me to maintain the organisation of agendas, meeting minutes and their ratification, but also know how and if other members are fulfilling their duties on the Exec. I have shown myself to be able to assist the broader functions of the team but also self-organise to remain a committed member of the Exec for 2 years— while mostly working 10 to 40 hour work weeks during term time. This VP role, in which one takes on a routine, but steady workload, neatly aligns with my current work status. Indeed, my intention would be to ensure these weekly functions take place in a timely, consistent manner.

Additionally, the democratic function of this role involves organising and promoting elections as part of the Union's Democratic Committee. Campaign materials on our social media platforms this calendar year have emphasized co-options, bye-elections, elections and our connection to the SU; I would endeavour to maintain this attitude were I to be elected. At the same time, I would wish to also harness my position as a student that lives on campus as an opportunity to maintain engagement in collegiate events, sports teams and schemes, as well as using the knowledge the SCR has of our JCR from year to year, to target

spaces inside and outside the college that matter the most to our students with collaborations & communications. This is an ambition I would share with the work of fellow Exec members to help achieve their own goals.

Interpersonal and organisational skills are also relevant to the financial components of this role. It would be my responsibility to manage purchase orders and payment claims with the SU as well as expenditure of other VPs to keep a track of money flow from our budgets. Once finance trained, I would endeavour to meet with my fellow VPs to ensure we establish a line of communication that allows me to receive such information and translate my personal budgetary skills over to the accountability this Exec role demands.

Having thrown myself into the JCR Exec and its responsibilities over the last two years, this role strongly suits where I am in my undergraduate career, offering me another chance to give back to the collegiate community in a new role while gaining new skills for myself. It would be a much appreciated opportunity.

If you have any questions about my manifesto and how I can be of service to the college, do contact me through email at [adeyemia@lancaster.ac.uk](mailto:adeyemia@lancaster.ac.uk), via my Instagram ([grandecapittano18](#)) or stop me for a chat around campus as I live in County South. And please don't forget to vote for all our candidate positions come Week 8; the more complete the Exec is at the beginning of 2023, the better we can represent you!

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## **Vice President Welfare, Equality & Diversity**

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**Elleanna Jenkins**

### **Manifesto**

Hello County College! My name is Elleanna (or Ellie) Jenkins, and I am a third year English Literature with Creative Writing student and your current Women's + Welfare Officer. However, I am coming to you for support fulfilling the role of Vice President Welfare, Equality, and Diversity for the next year. I have had a wonderful few months already, and I would be endlessly grateful to continue this throughout the year with your help.

To organise my main manifesto points, I have come up with the acronym C.A.L.M. I will detail them as followed;

#### **Call It Out**

One of my key campaigns I want to run as VP Welfare, Equality, and Diversity is the 'Call It Out' campaign. This will be a social media campaign, encouraging everyone to step in and call out the inappropriate behaviour of our peers and celebrating stories about this from members of the college. When at university, it can feel awkward and sometimes embarrassing to call out people within your social circle for racist, sexist, homophobic, ableist, or any other inappropriate behaviour. This may be in the forms of jokes and 'banter', or more serious behaviour like harassment or violence. Either way, I want to show members of our college that by calling out the actions, language or behaviour of people like this can help towards making our college a much safer and welcoming space, preventing harm to those who are victims of it. Through these stories, I hope to inspire everyone to do the same, and contribute to making our college a happy and safe environment.

#### **Allocating Welfare Team**

My next promise to the college is to supply each event run by the college (most importantly events involving drinking) with a dedicated member of the Welfare team. Whilst we hope all our events run smoothly, as your JCR Executive we understand that sometimes things may go wrong and you may need help. Whether you've been having a bad night, have had a bit too much to drink, or just need a hand working out what bus to get home, an assigned Welfare Representative will be an obvious first port-of-call for any issues. I want to ensure that nobody feels alone at our amazing college events, and that they know there is always somewhere there to help them.

#### **Listening and Learning**

As a member of the college and the wider university community, I understand that sometimes you can feel unrepresented and unheard within so many voices. I want to give each member of our college the opportunity to talk directly to myself and the rest of the Welfare team about any issues that you face. This may be flatmate drama, or proposals and improvements to college events, or maybe you just want to make your voice heard in the crowds. Either way, I will run bi-weekly drop-in sessions where I will make myself available to listen to your qualms and learn where I need to direct our college next.

#### **Making Mondays Mindful**

My final main commitment is to honouring the work of our former welfare team by continuing our Mindfulness Mondays which run weekly 14:00-16:00. I really believe Mindfulness Mondays give us all an opportunity to take a breather and relax in the often-chaotic world of university life. I would like to pick up where the former team left on, offering opportunities for free food, arts and crafts, and many more. To improve these events, I want to work with more societies and members of the college to provide the most beneficial events for everyone.

Aside from this, I also have helpful experience to bring to the JCR Executive. Apart from my time already spent on the Exec (including Welcome Week), I have worked in hospitality since 2016, which shows my ability to work under pressure and organisation skills. I am also the Lead Academic Representative for ELCW, which gives me an active interest in improving the life of students at our university and a connection with the Student Union.

I would be incredibly grateful for your vote for me as your Vice President Welfare, Diversity, and Equality. Our colleges are so important, and I want to work to make sure that nobody loses sight of that. With your help, we can move towards a university experience that is safe, comfortable, and welcoming to all. Thank you for taking the time to read my manifesto – I can't wait to get to know you all throughout the year.

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**International & Faith Officer (reserved for a student from overseas)**

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**Ifunanya Nwigwe**

**Manifesto**

I would like to nominate myself for the role of International and faith officer of County College. I want to be the officer because I want to give international students the opportunity to navigate the UK and UK culture. It's not easy to leave your home country and move to a new country which you are not so familiar with. I grew up in Nigeria and I officially moved to the UK in 2019. At first, I found it difficult at first to navigate the UK but I eventually learned and I want to make this experience easier for international students. I want to introduce weekly classes on Fridays where I would teach them different parts of UK life such as British slang, the best supermarkets to buy items from, good travel destinations and more. I also want to have weekly English language learning classes for students who speak English as a second Language and would like to improve and become more fluent. I want to make their experience while studying here as enjoyable as possible.

Also, I understand that during the short holidays such as Christmas and Easter, many international students would not be able to go home for the holidays. I will plan activities with the County College managers to make their holidays worthwhile. Some of the activities that I have in mind are weekly painting sessions and craft making sessions that will be held in the common room and I want to have barbecues. I will ensure that these activities run very smoothly, and I will frequently check with the County managers to see how these activities are going.

I also want to create events that will cater to the international student throughout the term. Last year, I took part in a County scheme called Intercambrio where students of various ethnicities and nationalities were divided into groups and were to meet up every week to share their cultures and spend time together. I was in a group with a Malaysian girl, a Pakistani girl and a Hong Kong girl. Intercambrio was a great opportunity because it allowed me to not only share my culture with them but I also got to learn about their cultures from them. I will create similar events like this. I want to create an environment where international students will feel comfortable enough to share their culture and provide them the chance to learn about other cultures. I will continue with schemes like Intercambrio, and I will also have weekly check in sessions with the groups to ask how they spent their day with each other, in order to improve accountability. Also in Week 20, I want to plan a County cultural day where we wear our different cultural attire and share different parts of our cultures with ourselves. I want to create an environment that is inclusive and accepting of other people and their cultures. I want people to feel welcomed and altogether have a good time.

I will make myself available on Mindful Mondays, in case any international student need assistance in any way that I can help and if they would like to talk about how their stay in Lancaster has been. I would also be ready to receive feedback from international students whether it is ways that I can improve and things that I can continue to do, if they enjoy these things.



Also as faith officer, I want to give people the ability to gain perspective about other religions. Last year, I attended a talk at the Chaplaincy centre where people of different faiths came together to talk about God. I found that talk to be very interesting. I am a Catholic Christian and I grew up along side other Christian so I didn't have the opportunity to meet up with other people to discuss different beliefs about God. It was good to hear about the ways people view God and how they worship. As the faith officer of County College, I would like to work alongside the Chaplaincy centre to continue with these kinds of talks and events so that people can have more open discussion about their faith and what God means to them.

During the welcome week, I was co-opted as the International and faith officer, and it was fun helping the new first years settle in. I enjoyed assisting the JCR executives in whatever way I could from helping with breakfasts to helping with the bar crawls. I would like to continue

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## **Media and Communications Officer**

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**Jonathan Rigby**

### **Manifesto**

If I am elected to be the media and communications officer, I will improve the Instagram posts as they feel lacking in style,

Setup a county discord, as it has quite a few facilities to take advantage of:

- The ability to check what events are on and information about them
- Use of polls to be able to obtain feedback
- Allows space for students to converse with each other
- Weekly online games eg. Jackbox
- And more!

I believe I would make a good candidate as I would consistently strive to make county better, listening to your insights into the college, doing my best to make everyone happy. I would also relish the ability to express my art, photography and computing skills.

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## Vice President Socials, Sports & Events

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**Jamie Alcock**

### **Manifesto**

Hey, I'm Jamie and I'm a second year natural sciences student. If you've met me, you'll know I'm a very friendly and sociable person and I love a night out. As your VP Socials, Sports and Events, I'll try to make sure that we provide a range of fun and inclusive events (both non-sober and sober) throughout the year that everyone can take part in and enjoy. You probably don't want to spend ages reading this, so I'll make it short and sweet.

My goals:

- Bigger events

- Apart from Welcome Week, the Winter Ball and Extravs, I think that there currently aren't many big events to look forward to. I want to change this and try to make events that more people would be interested in, like activity-based day trips and nights out to Liverpool and Manchester

- More college sports

- If you don't play football, netball or bar sports, you don't have many opportunities to get involved in college sports. College sports are one of the reasons I chose to come to a collegiate uni, and I think that they're a big part of college pride, but when there are only a few sports on offer, it doesn't always feel very inclusive. I want to have a wider variety of sports available at college level; initially in County, and hopefully in future, be able to create uni-wide college leagues for a range of sports, such as badminton, rugby, basketball, volleyball, rounders, hockey, athletics and tennis, so more people can join in, have fun, and potentially represent their college in a sport they enjoy

- Making improvements to County bar

- I don't think it's a secret/I think it's pretty common knowledge that County bar isn't exactly the best on campus. This is something that we've been discussing for a while on the current JCR exec, but there are still many changes that could be made. A big one for me is giving it some kind of niche and theme to give people more reason to go there, besides from just free pool tables; like having more variety of drinks on offer, running bar-related events like pub quizzes and gin tastings, showing things on TV, or even just changing the music from day to day. As well as this, it could do with some refurbishment and general improvement in the way the space is used

- Collaborations with other colleges and societies

- I think that some college events could benefit from collaborating with relevant groups. For example, we could work with baking society on a cooking-themed event, or LU Sing on a

karaoke social. As well as widening the potential target audience, increasing engagement with events and allowing college members to meet people they might not have otherwise met, it means the events can be run more effectively. As well as collaborating with societies, if the socials groups in different colleges have similar ideas, we could work with them to create an even bigger and better event

- More promotion of socials

- I feel like one of the biggest problems with college events throughout the year is a lack of engagement. Apart from the biggest events, a lot tend to fly under the radar. I want to promote a more lively and involved atmosphere within the college, so that more people want to go to more of the events. I'll work with the other socials and events officers and the media and comms officers to not just make events enjoyable and interesting, but to get the word out about them quicker, put out more information about events regularly on multiple different platforms, doing more advertisement and promotion, and generally make college socials and events feel bigger, and hopefully be bigger and better too. I'm hoping to make County feel like even more of a community and a fun environment

Thank you for taking the time to read this, and I hope you have a good day :)

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## **Women's+ Sports Officer (reserved for self-defining man+)**

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**Fay Humphreys**

### **Manifesto**

My name is Fay Humphreys and I am nominating for the role of Women's+ Sports officer for County College. I have held this role since I was co-opted in July and would like to continue with it into the next year.

Firstly, my involvement within a variety of County sports teams in my first year and continuing this year has helped me become a good fit for this role. I took on the position of Women's+ Darts Captain at the start of my first year for the combined team of County/Bowland; this position has given me a useful insight into developing a positive and encouraging environment for women in sport. I have then continued this role into my second year, recruiting more women meaning County can now fill our own team.

The women's+ league has not run for many years, so playing a vital role in reinstating the league has provided me with a useful experience that I can then apply to other aspects of college sport. Additionally, it has made me aware of how important it is to promote sport events, using posters and social media, as this is how we attracted many people to taster sessions and matches. Being a captain for a county sports team has helped me understand that being an approachable and friendly face at these advertised taster sessions has helped those who may feel nervous or intimidated to try something new. This gave many women a chance to try a new sport without any feelings of anxiety, as they knew the environment they were entering was welcoming and inclusive.

Furthermore, I have been and am continuing to be an active member of County Netball, which I am aiming to contribute more to whilst being a part of the JCR. One aim I had when first taking on women's+ sports officer was to encourage more first years to join sports within County, as I was one of few last year. It can be intimidating joining a new club and meeting new people, especially if you are younger, so promoting sport in a positive way to make students feel even more welcome is something I continue to practice in this role.

For example, using the County college sports Instagram page, I have dedicated posts to football, netball, and bar sports, creating a 'GET TO KNOW' series about each of the clubs. I believe this provides a familiar face for those joining and can reduce anxiousness when entering a new sporting environment. I have also created a 'MEET THE CAPTAINS/EXEC' on the Instagram too, so new students can message and approach people in the club for advice and help, because face to face interaction can be more intimidating for some. I also have used the Instagram page to promote when matches are for all sports, encouraging people to turn up and support their college.

Another aim of mine is for County to be a college where football, netball, and bar sports all interact and communicate. Collaborating with the captains of each sport is something I want to emphasise in this role. My active role in both netball and bar sports will help me in this; and although I am not a member of county football, I aim to represent this club too. Just because it is a team I do not play for, does not mean in any way it will be neglected whilst I am Women's+ Sports Officer. Working with the Men's+ Sports Officer, my aim is to incorporate the ideas from each club and bring it all together to create collective ideas. In this, the vital component of sport that is teamwork is portrayed through those who represent County sport. I believe that working with each club individually then collating

ideas will bring together County sports teams and create a safe and welcoming environment for those looking for a sporting outlet within our college.

Additionally, I have been a part of Warrington Athletics Club at home for around 8 years now, so I have been in surroundings where I work and train with others who are as interested in sport as myself. As I have been involved in many sporting environments from a young age, I believe I have the experience and a useful grasp on what is necessary for the role of Women's+ Sports Officer. All in all, I am passionate to make County college an environment where everyone feels equal within sport and can use it as an outlet to enjoy themselves.

**Grace Noblet**

### **Manifesto**

Student welfare is something not be undermined, especially at university in a new and independent environment away from home with some being further away than others. Having suffered with mental health issues in the past myself, I have realised how strong and confident a person this has made me become through realising what battles I can overcome and that sadness is not a permanent thing. However this is not always the case for some, but since I can relate to this issues with other people across county in similar positions, I am able to show that there is light at the end of the tunnel and that it's ok to have bad day because it makes the good days even more valuable. Self-care is so important and it's sometimes it's important to put ourselves first before others, to make sure we're doing ok, to appreciate our strengths and work on our weaknesses. When I am apart of the JCR I will make sure that us county gals stick together and no one feels alone because they are not alone because look at us, we are surrounded by thousands of diverse individuals who made it to university (Which is an achievement in itself!) and we're venturing into a new chapter to conquer our ambitions and meet many groups of different people along the way and although it may be tough along the way and make you want to quit, the truth is you haven't failed unless you give up. Its so important for all student to recognise this during their time at university to avoid any obstacles they may encounter in the way of their self and career ambitions. I once watched a video that changed my whole perspective of achieving my goals and it went like this "you may write slow, you may read slow, you may not understand things as quick as others or achiever as quick as them. You may have to take courses and classes to help you on the way but don't you give up, don't you give up on your dreams". This made me appreciate myself and accepting the way I am and know that this is not a restraint but a power I have in myself to not be set back by anything that becomes of me because the only thing that can change things for the better for myself is me. When I am part of the JCR I will make all students aware of this, I will show empathy and understanding, I will not direct I will listen and relate to their issues and acknowledge why they are feeling the way they are. I will give them time and patience in communicating anyway that suits them, whether that be through social media or face-to-face because each person's preference is different and that's ok and I will direct them to the best solutions to their needs whether that be going for a walk, having a movie night, meeting with them at costa or directing them to a councillor because we're all one big family in county and no one is left behind

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## **Amy Brannigan**

### **Manifesto**

I am Amy (she/her) and I study medicine. I'm hoping to become County's new women's+ welfare officer. I will work hard to have a positive impact on the wellbeing of county's women+ population.

The wellbeing services at county have been excellent in supporting me in my transition to university. Mindful Mondays along with our wellbeing officers being present during freshers week showed me that the college deeply values student wellbeing. It would be a privilege to contribute my ideas and leadership in this area.

Initiatives from County and the JCR have proven that the college cares about our mental health as students. There are many posters which explain how and where to get help. It is one thing to point someone struggling with their mental health to the right services. However, the process of getting the right help, from being placed on a long waiting list, to having to advocate for yourself, can be stressful. I will develop a system where support can be offered through this process. For example, I propose that email templates or phrases to use on a phone call should be available on County's website to be used when someone is not sure how to begin asking for help, along with advice on healthy coping mechanisms to use whilst waiting to be seen by a professional.

I am passionate about breaking down taboos around sexual health. Our college needs more accessible information regarding STI testing and general sex and relationship advice. Since starting university, I have involved myself in the university's branch of the sexual health charity Sexpression. Working with other volunteers to develop and lead a sex and relationship workshop has taught me how to navigate sensitive topics in an informative but productive manner. As welfare officer, I will help facilitate the conversation around this topic by working with the JCR to set up safe spaces – such as workshops– where students can learn and ask questions free of judgment. Many students aren't aware how or where to access STI testing. I will design posters to put around campus which will provide a guide to the sexual health services available in Lancaster or online and advise how often you should get tested. My aim with these ideas is to help other students feel in charge of their own sexual wellbeing and liberated to make their own informed choices.

Any student can experience challenges. For women+, university life and culture can present particular concerns. As welfare officer, I will strive to ensure women+ feel as safe and empowered as possible on a night out in Lancaster. Spiking is a disturbing yet depressingly real threat. During freshers week, I was really grateful for our freshers reps and members of the JCR who had been educated on how to spot spiking. I would like to bring the topic of spiking into the general educational materials delivered to county freshers (such as the Consent for Students task on Moodle). This wouldn't be scare people, rather to encourage us to look out for each other and ensure everyone in county has a general idea of what to do if they think they or a friend may have been spiked.



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## **Socials and Events Officers**

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**Jasmin Jetchev**

### **Manifesto**

I greatly value inter-personal relationships and I would love to help bring a sense of community to County College. I love meeting new people, and I want to be able to bring such experiences to County. Since coming to Lancaster University, it seems that the sense of community within County may be mildly lacking, most likely due to the sheer size of our college. Despite the daunting task, I would love to boost the feeling of being part of a whole that comes with being in a college. One change I would like to make would be to hold more socials in the city, as I feel that the campus can feel detached from Lancaster and many students may not have had the opportunity to explore the lovely city. However, this is not the limit of my ideas, and I am confident I can bring creative strategies to run brilliant socials and events, as well as methods for boosting student participation in events. I personally believe that a good social life is an incredibly important part of staying healthy, which is especially important at university where students are away from home for the first time and have to adapt to living and taking care of themselves. It can be incredibly hard to make friends, or find the people that just fit, and this can bring down the best of us. I would like to help as many people struggling so that they can get out there and make lifetime friends. Additionally, socials and events are a good way of meeting people from different backgrounds, which is vital to develop a better world view and to be able to understand and empathise with others. Finally, social events also benefit the university as they allow students to relax and get them away from studying, which can prevent burnout in the long term. Burnout is detrimental to a student's wellbeing, often negatively affecting their grades, therefore negatively affecting the university. As such, it is incredibly important that the college runs lively and engaging socials that will allow students to expand their horizons and meet new people. I would be greatly honoured to join the JCR executive team as the socials and events officer if you would have me. Thank you :)

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**Omar Tariq**

### **Manifesto**

My name is Omar Tariq, a second year BSc Business Management student from the County College. By ethnicity I am Pakistani, however, I have also resided in London and Singapore during most of my life.

I am writing this manifesto to nominate myself for Socials and Events JCR officer at County College. There are many reasons why I have applied to this role.

Firstly, I am already an active member of the County College and want to maintain this going forward in my university career. For example, I was a Welcome Representative during welcome week of 2022, and used this as an opportunity to network with and understand more of the County College community. This aligns well with the role I am applying for, as I will be able to contribute towards ideas for upcoming social events, especially, after getting a fair idea of what the general population in County College is interested in. In the context of such events, I previously worked a part-time position at the Sugarhouse Lancaster, and understood a lot about nightclubs, partying, and most importantly, the safety considerations behind such events. Going forward, if I am able to successfully obtain this role, one of my first priorities will be comfort and safety for all students during social events, especially those in which alcohol is involved.

I think my overall skillset also plays a big role in making me a fit for this job. For instance, I am very out-going, creative, and confident individual which facilitates my ability to actively participate in social settings. Having to interact with numerous JCR/staff members as well as students in this role, I will be able to use such capabilities to do my job smoothly.

Coming from a non-drinking back-round, I deeply understand the struggles some students are facing in regard to peer-pressure, as I myself have experienced it as well. I therefore also wish to initiate sober events so that non-party goers or non drinkers are able to expose themselves to social situations without feeling the need to be in an alcohol environment. Nonetheless, for people like myself that do not drink alcohol, but still prefer to be in social events like Sugarhouse or Crafty's, I wish to create campaigns against peer pressure, so the student population gets a clear understanding. I also want to create a helpline for County, in which victims of peer pressure are able to reach out to us for assistance.

On a personal level, I am a hard-working, and ambitious individual, and wish to display the County College in its best light. In hindsight, I am happy to be considered for other roles as well. I look forward to presenting myself for an election.