### **Grizedale College JCR Exec**

**RON** will be a candidate for all positions. Re Open Nominations – allows voters state they do not feel any of the current candidates standing are suitable for the role and would like to reopen nominations.

#### President

# **Morgan Evans Manifesto**

Access my full manifesto and more at this link: <a href="https://linktr.ee/morganwevans">https://linktr.ee/morganwevans</a>

I have spent the latter half of the year as your current President, since being co-opted in July. I love my role, and more importantly my college, and have put all my efforts into being the change that Grizedale needed. Let me tell you what I have done: • I spent the first 6 months as the Socials and Tech Officer, assisting the team in numerous capacities.

- I lead and oversaw the organisation of our Extrav, which took place over 3 months.
- I helped organise and run Welcome Week for our new cohort of Freshers, working endlessly throughout summer to ensure it all ran smoothly (and it was the best we've seen in several years).
- Implemented new communication streams within the college, utilising Bar Displays.
- Provided baskets for students to discreetly help themselves to welfare products (from the Porters Lodge or Common Room).
- Represented the college to the University Council (Governing Body of the Uni).
- Supported VP Socials in the organisation of this year's Winter Ball. I was
  elected to fulfil this role by you, based on my relevant skills. I believe that I
  am more than capable to act as your President for several reasons,
  including:
- I have a plethora of experience managing teams. 

   Head Boy in Sixth Form (representing 1800 students). 
   Cadet Warrant Officer in the RAF Air Cadets (highest rank, managing cadets from all over North Wales).
  - President of the JCR for the last 6 months (representing you and all the other 1,500 Grizedale students).
- As I am your current President, I know exactly what my duties are and how to execute them.
- I have already developed a solid working relationship with the college SCR, having discussed potential plans to improve the college over the coming months

If elected by you, to represent you, I will work to better Grizedale and return the College to the social, engaging, and vibrant atmosphere that it once was. I pledge to:

- Promote the engagement between the JCR (you!) and our JCR Exec (us) to enable a dynamic and personal relationship with the college student population.
- Maintain a regular presence in the college to build better relationships with the college students that are around and to allow them easier access to the JCR. I think it is important that the JCR Exec is more visible than ever, to encourage the in-person socialisation that we sadly missed throughout the pandemic.
- Ensure that students continue to have free, discreet access to sexual health products. It is also essential that the college also provides free sanitary products. I am currently working with the College teams to explore suitable, hygienic methods of doing so.
- Form the Extrav and Welcome Week Committees to ensure the events are successful and enjoyed by all. With experience planning both events, I know exactly what does and does not work.
- Work closely with our Sports Officers and team captains to host (and of course win) our Warriors tournament against Pendle.
- Continue to work with the amazing JCR Exec. I have already supported the team and will continue to help them realise their potential. The last couple of months has been incredible. The team is working better than ever, and we have provided some immensely successful events. This is something I will keep up with; you can count on that.

I hope that I can win your support. Having a JCR Exec that works in unison will give us the best shot at providing our college with a year of fun, support, and a sense of belonging. Catch you soon, Grizedale.

• Morgan #upthehogs

### Fernando Sendra Arquiola Manifesto

Easy and reliable!

# **Aeryn Ralph Manifesto**

Hi, I'm Aeryn, and I have been your Vice President for Democracy and Finance for the last 4months and hope to continue in this role moving forward. I have been a member of the JCR since December 2021 and so I have a great understanding of how things are run and what the JCR does.

This role is perfect for me as I have a genuine passion for finance. My Business Management degree will also assist me in this role as it has given me the foundations and knowledge to be able to perform this role, such as building, analysing, and reviewing budgets and maintaining up-to-date accounts presented by the Finance Office. Not only will my mathematical mindset come in handy for this role, but my organisational skills will aid me in the 'Democracy' part of the role, involving organising meetings and writing minutes for these, running and delivering elections and attending multiple weekly meetings. Beyond this, I am a great team player, which is key for the cohesion of the JCR- I'm always willing to lend a hand to other roles where needed and help out at all events.

So far within this current role, I have worked on many projects- in particular, for Welcome Week. Over summer, I attended weekly meetings with the President and members of the SCR to create and review the budget for the whole year as well as solely for Welcome Week. In order to complete this role, I undertook online finance training which means I am now an official signatory for the college. Furthermore, I have completed other training involving modules including equality, diversity and inclusion; code of conduct and mental health awareness. This additional training strengthens my ability to be a more well-rounded member of the JCR beyond the sole role of VP Dem and Finance.

Moving forward, I will ensure the JCR remains as fair as possible; firstly through leading and monitoring weekly meetings to ensure these run smoothly with no team falling behind or feeling left out. I will also be in regular contact with the SU via fortnightly meetings to ensure we are keeping in line with our budgets and expenditures. I will also try my hardest to ensure we aren't too restrictive when allocating finance for social and welfare events to make sure all events are the best they could possibly be. But most of all, I will promise to ensure every single member of our college community is having a safe and fabulous time!!

It has been an honour to work for the JCR previously and I hope you all see me fit to continue within the role of VP Democracy and Finance

Let's make this year the best one yet!!

Your current (a	nd hopefully fu	ture) VP Demo	ocracy and Fina	nce – Aeryn	
upthehogs #nev	verforget				
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## **Shlok Sagar Manifesto**

Hey Im, Shlok. Ive held the position of VP Socials and Events for a bout 4 months now and Hope to retain it past these elections. Being on the JCR Socials ans events team for the past year I have learned an invaluable amount about how the JCR works and how to get things done. As VP socials, I have started the planning of all the events ofd this term and have learned how to delegate work when it needs to be delegated. I still however know how to take orders for the president and the SCR when I need to. I have started the planing of the winter ball and will make sure it is great, Should I keep the role. I will make sure that the End of year Extrav has a time that people appreciate and make sure Grizedale College has the best Extrav of the rest. I believe I am well suited to the role as I have always been in the events committee in my Old school and know how to not only get things done but get them done right. I know I am the right person for this role and hope to show you as the year goes on.

Media	and	Communications	Officers
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# **Leah Clayton Manifesto**

Hello, I'm Leah and I'm a third-year Psychology student. I am currently one of your Media and Communications Officers and would love to continue my work in this role.

#### What have I done so far?

- Welcome Week provided a great opportunity for me to focus on expanding communication throughout the college. As part of my role, I dedicated time to creating fresher Facebook and WhatsApp groups which considerably enhanced communication between new students who were due to start their university experience.
- I have also focused on increasing face-to-face contact, which I believe to heavily improve communication throughout our college. This was demonstrated in Welcome Week where chatting to the freshers at the numerous events builds better relationships between the JCR and the Exec. This is also implemented in the events hosted throughout the term!
- In my previous manifesto, I mentioned how I wanted to further improve the
  methods of communication. This has been done by implementing digital
  media on the bar screens, informing visitors of current events and any
  important information. This created a new, informative space to those who
  may not have social media access. This was further expressed by making use
  of the notice boards throughout the college e.g., in accommodation
  buildings.
- A large part of my role is managing our social media, to which I set a goal
  when I first started to try and improve the visual theme across channels. To
  do this, I began by creating story highlights that students can look back on. A
  new, improved theme was also implemented by myself and our other comms
  officer, so that the socials are more captivating and appealing on the eye for
  account users.

# What are my intentions for remaining in this role?

- I have only been in this role for four months after being co-opted in July and have not been able to fulfil all of my pledges that I outlined in my original manifesto.
- If I remain in office, I will further implement communication by making use of the notice boards for those who are not as reliant on social platforms. I would also like to extend the digital screens to the common room so that students who use the space to work, will also receive information from the college.
- I strive on increasing the engagement between the JCR Exec and students, not only by ensuring that Grizedale has an engaging social media space, but by continuing to further expand communication beyond these platforms throughout the college.

## Why am I a suitable candidate for this role?

- I studied Media at GCSE and A-Level and completed a minor in Media & Cultural studies in my first year at university.
- Throughout my studies, I have looked at the world of social media and have gathered appropriate knowledge in communicating via social channels, to apply to this role.
- I am an active member of the college being part of the college netball team, representing Grizedale in the Warriors tournament. I also helped out with Extrav last year and have attended a plethora of other, enjoyable events, hosted by the college.
- I consider myself an approachable and considerate individual who thrives in group environments where interpersonal skills are key to building a positive, productive team.
- I was able to express these attributes throughout Welcome Week 2022
  where I worked alongside my fellow JCR Exec members. Also, throughout my
  role so far where I have thoroughly enjoyed working with the team and
  managing socials.
- I have very strong organisational attributes that help me to ensure that all
  updates are posted, messages are responded to promptly and promotional
  materials are developed on time (all with the help of a good to-do list!)

If you choose to vote for me, I will have the opportunity to demonstrate my full capabilities as I support the efforts to revive Grizedale's social reputation through communicative channels.

Thank you very much for considering my application!
Leah

#### **Lucy Ayling Manifesto**

Hi everyone! I'm Lucy, a second year Media and Cultural Studies student and currently one of your Media and Comms officers on the Grizedale JCR. I've really enjoyed my time here so far making media for the college and running the social media channels and would love to continue doing that! Some of my favourite things that I've done in my role so far include creating a recipe book for first-year students to use as they adjust to living away from home, and giving an in-depth tour of Lancaster on our Instagram story so that new students could get to know the city they would be living in for the next few years. I spoke to a lot of new students over Instagram DMs and Q&As regarding any questions or worries they may have had about starting their studies at Lancaster, and it was really rewarding to see that the information I was giving to people genuinely made a difference and eased their nerves. As a member of the JCR, I also helped put freshers week on and this was one of the busiest but best weeks I've had at Lancaster yet.

Your vote would mean I can continue to work for the best college on campus!!! :D Thanks so much to everyone who has :)

#### **Media and Tech Officer**

#### Sam Keech Manifesto

Hi Grizedale,

I'm Sam and I've been in the JCR for nearly a year now volunteering within welfare and I'm seeking to engage in a role that suits my abilities a little more closely. From regularly attending events and assisting in the socials and engagements that our college has offered I believe that with the chemistry I've already gained (within the JCR) I can effectively and systemically ensure that the events put on in Grizedale college are run to a high degree. The standard of events and the attendance to them over the last year has been excellent and I

wish to keep up the precedent we've already set as a college over the next academic year.

I have previous experience within technical roles and I've gained competent computer and hardware skills from working within the stockroom of a major business and retailer which I feel I can apply to this role which relies heavily on a depth of technical skills.

I've learnt as a JCR member that engaging in a team with proper communication ability is vital to promote the events that we wish to put forward for you guys in the future. Through helping raise ideas for possible socials and working within the team we have I feel I can establish a more entrenched position on the JCR by going with a role I'm more inclined to be in.

To set me aside from other candidates I believe that with my existing experiences I can actively better this role to ensure that the technical side of socials, the running of the end of year extravaganza and the more regular events put on within the college are effective and set a lasting image of high standards.

Anyway, with the fancities over I would love to carry on working in the team that I've come to get on with really well and continue to work in the environment of ensuring that our college is running events that fit the needs and desires of us students.

# Ndidi Lydia Ada Emeka-Nwigwe Manifesto

#### Manifesto

I will be running for the role of social and technology officer for the upcoming academic session .I am creative, resilient, emotionally intelligent, hardworking, and goal-

oriented. Joining the JCR will help you gain confidence, gain work experience, and contribute to the university and student life.

This is a great opportunity for everyone to contribute in their own way to the community. In addition to publicising events, designing posters, and decorating places for upcoming events, the social and tech officer also works with the media and social team. When I helped the freshmen during welcome week, I answered a few questions about the university and student life.

I had more interactions with the freshers because I had a hybrid position being a block representative and a member of the JCR, it was a lot of work but was worth it.

Organized a series of events with the team during the first term, events such as campus bar crawl, the grizzle quiz, movie night, big night out, the hangover brunch e.t.c

I made some promotional drafts for some events and got a bit more chance to learn about the PA kit. I have been in the position of social and tech officer for a few months truly it has been one of the best months in university. I got the chance to meet new people, and explore skills and ideas.

I would honestly recommend it to anyone; it has been a great challenge, discipline and experience.

What will I do if elected again?

I will create a platform for feedback and more ideas, and help out more when needed by the team and the college.

I will try my best and listen to others' opinions to make the events more enjoyable. I have so many ideas that will bring great change to our college and student life on campus. I hope to do more in the future with the team.

Thanks for your consideration.

# Men's Sports Officer (reserved for self-defining man+)

# **Liam English Manifesto**

As the current Mens Sport officer, I'd like to continue in the role to deliver on several points:

- -Continuing to support our college teams, attending training, matches and more. Providing advice to clubs to help them build fun and competitive teams!
- -Working at the sports centre, I've got a level of insight that I use to further sport at Grizedale. Communication is key for organising matches and practice, so keeping this link within the JCR is valuable for sport in our college.
- -Delivering events and activities such as Warriors and Block Wars. Planning for these events months in advance and ensuring timetables and scheduling works for as many people as possible.
- -Generally looking after all those interested in sport in Grizedale, signposting university level clubs, societies and external organisations for those who need them.

Thank you for reading this manifesto, and have a good day!

# Woman's Sports Officer (reserved for self-defining woman+)

#### **Abi McGraw Manifesto**

Hi Grizedale!

As your current womens + sports officer I am running to continue this role into next year.

This coming year will see Warriors - the highlight of Grizedale's sporting calendar. We aim to make this event the best it can be (and obviously beat Pendle)! Previous events for warriors include our college sports teams, but also feature games of rounders and some classic sports day events (to name a few!)

Block wars events will also carry on through next term, with first prize being a trip paintballing. This will be a brilliant trip out with the rest of your team and is definitely not one to be missed! Keep earning those points guys!

#### Women+ Welfare Officer

### **Maddy Meredith Manifesto**

After my first year as Women's+ Welfare Officer on the JCR, I can look back at my time as both a rewarding and challenging one. This role has changed my outlook on university life, and the students that we work for, and how I perceive myself and others. The challenges I experienced in my first year simple excelled me to be better at what I do, and I wholeheartedly promise to carry this into the next year in this role, should you choose to vote for me.

I have organised and ran many welfare events, alongside the wonderful welfare team, that I have built a strong bond of trust and understanding with. We ran film nights, pamper sessions, and are also currently working towards a karaoke night in the bar, as requested by many of you, to raise money for men's mental health charities. These events are important for students, as they serve as a reminder to take care of their mental health, but also to take a well-deserved break from their rigorous studies, especially towards exam season, as, too often, we see students over working themselves at these points in the term.

As your Women's+ Welfare officer, I aim to run these events more frequently, such as twice a term, at points where students feel they will be most benefited by this. This allows for me to provide a support system in those students who wish to attend, as they will all be sharing a similar feeling to one another. I will also be continuing my weekly drop-in sessions that run every Wednesday from 12-1pm, where students can pop in for a hot drink, and can talk about anything that may be worrying them, or simply just for a chat if they feel they need it. Events like this really benefit the students by allowing them to come to someone for additional support, as it may turn out they just need a friendly face, or someone who has potentially experienced the academic stress that students feel during first year, especially coming up to the end of first term and the transition into second.

My priority will always stand with the students and how they feel, and I know the additional steps necessary to take things further within the university, should an individual be struggling to do this themselves. I have dealt with issues before where individuals were unaware how to approach some issues to get them dealt with, in terms of getting a matter sorted, and so I have been there to guide them through that process with them, frequently checking up on them and being there as a person of support.

Women's+ Welfare has come to mean a great deal for me, and has provided me with greater knowledge and perseverance than I ever thought I had. I view myself and the students as one, and would love to be given the opportunity to further myself and the college by being able to carry this with my for another year.

#### Social and Events Officers

#### **Dominic Forster Manifesto**

I think I would be a good candidate for socials officer, as I am very organised and good at planning which is needed for the role. These skills can be demonstrated through my work experience at my Cricket Club, which I am an umpire, Scorer and Coach. Through this I organise paperwork, build relationships with team members, and learnt how to work under pressure, which increases my work ethic. I also have obtained strong communication skills with various coach's and Umpires, where collectively we overcome potential incidents. Furthermore, being a Beaver helper and Young Leader. I have experience of management responsibilities, such as running events and meetings, while also being able to adapt in social situations. Both show that I can remain professional and focus on meeting deadlines and listening and following others orders. I feel like I'd be a good asset to the JCR as over this past year I have helped in setting up events and going to the events whilst also being part of Welcome week team. During this I had the responsibility of overseeing a townhouse block. In which I made the freshers feel comfortable and settled into university life. I would like to further this engagement as social officer and get the freshers to come to Grizedale events in the upcoming year and make them feel a part of the college system. In addition, as part of my role I listened to the freshers' ideas and improvements, and I will take that into consideration and effect when organising and setting up future events. Also, in this past term of being social officer I've attended weekly meetings, where we have helped planned events for welcome week, which was a success and had great reviews. Furthermore, as a social/events team we have planned all the events this term, which includes Pims night, Race night and Halloween, whilst also being in the middle of organising the much anticipated Winter ball. I have enjoyed working with the JCR team, especially during welcome week and so I would really want to continue being on the JCR.

### Jess Meakin Manifesto

Hi everyone, I'm Jess.

I am suited to the role of socials and events officer as I am a very organised person and will ensure that all tasks will get completed in detail for any deadlines. Additionally, I will be happy to engage and help out with all upcoming events throughout the first term along with the events for future terms. Furthermore, I have a creative mindset and enjoy thinking of new and different events that could be incorporated into the events we already have.

In the past 3 months that I have been a socials and events officer, I have helped in the creation of the calendar for the socials that will be occurring within the first term.

Throughout the summer I attended all the weekly meeting for the socials team to plan for the upcoming events and completed the training required for the role. Additionally, I helped out during freshers week and with the organisation of the winter ball by researching potential venues. Along with this I have helped with planning for Grizedales quizzes by generating ideas for potential prizes.

If elected again I will continue to engage within all meetings and presenting ideas of potential events that could be helped throughout the year. Additionally, I will attend and assist within the organisation of the events that will be occurring throughout the first term. Furthermore, I will continue to help within the planning of the events for the remaining of the term, lent term and Extrav in summer term. Finally, I will look for innovative ideas of how to encourage and include a wide variety of students to socialise and attend the events planned.

I look forward to hearing from you and planning the socials for the remainder of the year and next year.