

Lonsdale

RON will be a candidate for all positions. Re Open Nominations – allows voters to state they do not feel any of the current candidates standing are suitable for the role and would like to re-open nominations.

President

Jenna Prevost

Manifesto

Hi, Jenna here, the current Lonsdale Vice President and I would love the chance to become President for 2021!

I have been on the JCR for the past year and have enjoyed it so much; anyone that knows me knows how much I love and care for Lonsdale.

This year has been tough for everyone and I would like the opportunity to show you the Lonnie spirit that I received as a fresher and why I truly believe that Lonsdale is simply the best.

One of my main motives behind applying for this role is to continue my contribution to the College, by making sure everyone feels comfortable and cared for, as well as having an amazing time.

During my time as Lonsdale's female (non-binary) education and welfare officer; I worked with other welfare and JCR members within Lonsdale as well as other Colleges. This experience highlighted the importance of teamwork in helping to create the best college environment.

I love being on the JCR; planning and taking part in events for Lonsdale whether they are purely social or with a twist such as my sexual health awareness bingo.

Unfortunately, my physical presence as a JCR officer was cut short due to Covid. Despite this setback I continued to maintain a connection with online events such as my mocktails alcohol awareness campaign as well as several LGBTQIA+ recommendations to allow students to celebrate Pride at home.

In July I took over the role as Vice President. This included planning events alongside the president and socials officers, such as organising Freshers week. Even though I have only

been in this role for five months I have improved both my leadership and delegation skills. This I feel has been great preparation for the role of President.

Policies I aim to uphold and further develop if elected:

Socials: I aim to uphold the Lonnie tradition of having the best socials, which I hope to continue into next term (in line with COVID-19 restrictions). Events for off campus students have been appreciated this term and I hope to sustain this; to make sure no student on or off campus is left out. I hope that next year we can reinstate the Winter ball and big night out. I also want to make sure there are regular events occurring for students such as quizzes, bingos, and other inter-Collegiate events.

Welfare: I have seen first-hand how valuable our College welfare system is to its members. I am keen to further promote the presence of the welfare officers and CAT team. I feel the College should continue to celebrate different liberation groups as well as maintaining the welfare connection to students, alongside promoting the educational opportunities that will compliment a degree.

Communications: over the past year there has been an increase in the College social media usage which has played a large role in getting members more involved in events. Over the first lockdown, the College Instagram page was the biggest connection to everyone at home and has maintained this since the beginning of term. The posts such as music, TV and film recommendations were very popular, and I am keen to continue this and make it a termly post to retain the connection to the College members; as well as proceeding to promote social, welfare and sporting events.

Sport: Hoping sporting events go ahead next term, I am eager to see a return of posting the sport fixtures and results to help increase engagement with the sports offered; sport is at the heart of Lonsdale. To help further develop the teams I aim to uphold and strengthen the communication between the sport captains, JCR and Lonnie students.

Founders and Extrav: Both events are so important to Lonsdale. I aim to work closely with Bowland, by creating a healthy competitive atmosphere where Lonsdale can excel and win back the title for Founders. Next year I aim to put on a well-organised and exciting Extrav, so everyone can put COVID-19 behind us and celebrate.

Being a part of Lonsdale is like being a part of a family. I would like all members to know and feel that they will have a President and a JCR who are open to your ideas and welcome them.

I have gained so many happy memories and friendships from Lonsdale and if elected to this role I aim to be a part of making sure this can be the same for everyone else.

Vice-President

George Nagle

Manifesto

Dear fellow Lonsdalions, I'm a current second-year Business Management Student and current Lonsdale JCR and Bar Sports social secretary, and I'm also part of the infamous Lonnie D's. Having been on the JCR this year, I understand what is required of me to complete this role through working alongside the current VP and other fellow JCR members to organise events and be a voice for Lonsdale College. As well, this experience has helped me to establish useful connections within the college, both staff and students. I feel I am the perfect candidate to be Lonsdale colleges next Vice President. The passion I have for the college cannot be understated; my contributions to Bar sports are a prime example. Whether it's missing the dartboard or cue ball or belting out the notorious Lonnie chants, Lonsdale runs through my veins.

Outside of my college endeavours, I have taken up many different leadership roles within various organisations and fields. After studies moved online last year, I learnt how to be a delivery driver in 3 days to help support those self-isolating and shielding during the pandemic. To complement my studies, I was elected President and Vice-President of my schools Interact Club. In this rotary run student charity, I managed a group of 12, organising and running events across two years, raising over £8000 for local and national charities.

Additionally, I took up the role of a head of house prefect at school. Leading regular meetings, organising house events and being a student point of contact for any academic or welfare issues, a vital experience which I feel directly related to the skills required for this role. I was also a young leader at a local scout group and cricket coaching assistant at my local cricket club. These extra commitments helped me to demonstrate my time organisational skills while also showing my ability to work with varied groups and teams. At university, I have continued to play both cricket and football, since school. Working with a whole new team is a prospect that excites me. I thoroughly enjoy working in team environments, and I look forward to working with all members of the team from socials to welfare.

During my time as Lonsdale Vice President, I hope to put a focus on this kind of teamwork and community feeling across the whole college. The COVID-19 pandemic has drastically changed our lives as students, and those who have never got to experience what Lonsdale has to offer. As Lonsdale VP, I am determined to make sure everyone within the college is happy and share the Lonnie love with welfare at the top of my priorities. Being a prominent figure within the Lonnie community, I want to ensure that everyone else feels as much at home in Lonsdale as I do and staying positive during this challenging period as we transition back to some sort of normality. Ensuring the JCR are as approachable as possible for all members of our community is one of my top priorities. I hope this will increase the conversations between the JCR and the rest of the student body, allowing the JCR to be able to communicate more effectively with the college and provide the events which the college community want.

With regards to college events, the pandemic has obvious limits what is possible for the foreseeable future. However, I'm planning to continue with COVID-friendly events such as FIFA tournaments, welfare events and captains' challenges, where Lonsdale captains

compete against each other and when we can, I'd like to make up for the freshers we all missed out on. With Founders and Extravs on the horizon, I want us to look forward to something we missed out on last year and end this year on a high. Having started to make initial plans, I hope to make this year's Extrav better than ever, creating the reward we all deserve. I am hopeful 2021 will be a better year! I am confident that as a new JCR, we can work effectively to ensure the community feeling of Lonnie only increases and will be felt again as we smash Bowland in a standard, sociable Founders. I want Lonsdale to continue being...simply the best.

Callum Banthorpe

Manifesto

My name is Callum Banthorpe and I'm currently studying Politics, Philosophy and Economics. I think this degree will really help me make informed policy decisions and connect with the issues the community raises. I also have prior experience as head of department at my previous college, as well as student representative, so I have been talking about the issues students face and finding solutions for a long time. I would describe myself as approachable, helpful and professional and would be a valuable asset to everyone if successfully elected.

Reopen Nominations

General Secretary

David Harrop

Manifesto

Hi everyone, my name is David Harrop and if I was elected as General Secretary, I would serve the college and the union with the best of my ability and competence. It is my belief that I have the organisational and managerial skills necessary to be a successful and effective General Secretary, as I do have experience harnessing these skills in my previous job as assistant floor manager at my local Morrisons. It would be my main goal to serve the student body as best as physically possible by representing and addressing their main worries and grievances. To do this I would utilise the team of students around me as cooperation is the best way to achieve success. Delegation would be an important priority, to be as inclusive as possible in the decision-making process, to involve as many views and opinions in a truly transparent JCR operation. It is only fair that the student body should have a large role in the decisions that will affect them, therefore I would make the greater democratisation and inclusion within the administration a key priority if I am elected to the position of General Secretary. This has been a difficult year for everyone across the globe, it is crucial that we focus on what we can do in the future to recover and readjust to this new world. Pastoral and emotional care should be a priority for the JCR in the coming weeks and months, as well as the Students Union as a whole, mistakes have been made and it is my

belief that we should learn from those mistakes and better focus on the mental health and welfare of students in these testing times. I will work tirelessly to make sure students can live and work in a comfortable and safe environment, offering as much support on behalf of the JCR as possible.

Thomas Huddleston

Manifesto

Morning all, my name is Tom and I'm in my second year of studying Economics here at Lancaster. I've been spending a good chunk of time writing, drinking, and failing to get from the couch to 5k but I've finally decided to step up and get myself out there instead, so here I am, running for JCR.

I'm invested in making sure everyone can have their voices heard, and have their ideas shared. It will be my number one priority to not only be the person you can come to with your ideas, concerns, and frustrations, but to make sure that the team as a whole is responsive to them too.

I'll make sure to push all of the members of the JCR to fulfil their own goals and have them deliver the most they possibly can for you. Any idea you bring to a team with me onboard, you can be sure that it will have the living daylights considered out of it. And given how we've been spending the past few months in lockdown, I'm sure there's a million and one ideas that you would like to see carried out.

JCR elections are pretty overshadowed compared to the likes of others (looking at you USA, and bad luck Donald, maybe next time), but it will be a priority of mine to take these things seriously. People need to know who their candidates are, what their JCR does, and why their vote matters. Your representation starts here, and it's your vote I'm begging for!

Though the General Secretary isn't the flashiest job, you can be confident in me to give it my all, as I physically have nothing else to do. I have a background filling out the financials and balancing the book, so there's surely nothing that can go wrong, right?

Lightheartedness aside, it would mean the world to me if you were to give me a chance to represent you on the JCR, and I would ask nothing more than to be considered for your vote.

Stay safe, floss daily, and don't forget to check if you turned the oven off.

Oh, and vote Tom for Lonsdale JCR General Secretary.

Visual Media and Communications Officer

No candidates

Education & Wellbeing Officer (Men / Non-Binary)

No candidates

Education & Wellbeing Officer (Women / Non-Binary)

Laura Yianni

Manifesto

Hi! I'm Laura (she/her) and I am running for Education and Welfare Officer. I'm a first-year biologist and the first person in my family to go to university. Despite the unfortunate timing of this lockdown, I am going to play lacrosse and join bar-sports, despite my lack of skill.

As someone who has hidden disabilities, I understand the stress associated with studying and university life in general. I believe support for both physical and mental health needs to be clearer. This information should not be difficult to find, let alone difficult to access. I will ensure that this is addressed during my time in the JCR.

I believe that our community should be a safe, inclusive space. No individual should feel awkward or out of place. Our community should be a safe space for you to express yourselves, no matter your identity, sexuality, race, religion etc. I myself proudly fly the Bi-sexual flag.

I would oversee the introduction of an online 'Agony Aunt' service, an anonymous forum where you can express any feelings or concerns you may have. A healthy space where students can help and support each other. This would help many people, including myself.

As a fresher, this year we didn't receive any clear information from the JCR about how to access welfare support, it left me anxious and in the dark about how to find information and get help. I don't want anyone to feel the way I did, and I would make this easy to access for everyone.

I have previously helped out with welfare drop-ins at college, targeting many different areas. These range from struggling with workload to general advice about mental health struggles. I enjoy giving advice on these topics as I have personal experience. I found it a rewarding experience and I am certain I would thrive in this role.

Your needs are my priority.

Neha Gupta

Manifesto

Hi! I'm Neha, a second year English Literature and History student. I would love to be your Education and Wellbeing Officer this year and would aim to ensure your time as a member of Lonsdale and Lancaster more generally is as smooth as it can be. We all know that this academic year has already been pretty turbulent, and I think it is more important than ever to keep aware of our mental health both personally and educationally. I know that personally, the uncertainty of this year in general has been stressful in itself and combined with aiming to meet deadlines/staying on top weekly work has only served to add pressure. I want to be able to provide a helping hand to anyone with concerns or feelings of unsettlement for any reason. Keeping your mental health up can be difficult at the best of times, and so I want to be there for those who feel they may need a little support in feeling as comfortable as possible in any aspects of their uni life.

In joining the Lonsdale JCR as Education and Wellbeing Officer, I would work to ensure that all members of Lonsdale College have all the support available to so that their education and wellbeing remain top priorities throughout their time at Lancaster. I believe the wellbeing of students, both in terms of education and in general should be at the forefront of our university experience. Understandably, the process of settling into university can be harder than imagined - especially given the current climate - and I aim to provide an open and safe space for anyone to voice their concerns and work alongside them to help provide solutions. Having knowledge of the counselling and mental health services available at the university means I have gained an in-depth understanding of how to gain access and which sections of the services are recommended to students based upon their current personal situations.

Opening up about any sort of difficulty in regard to education and wellbeing can be difficult, and so one of the ideas I have should I be elected would be to create an anonymous service where students can voice their concerns - think of it as an "agony aunt" type of system!

In summary, I aim to be a person who anyone can turn to for any reason regarding any aspect of university life. Through weekly drop-in sessions, an open and visible social media presence and other modes of communication, I hope that Lonsdale can become an even more supportive community than it already is. Stay safe and, of course, I would appreciate your vote. :)

Social Secretary and DJ Manager

No candidates

International Wellbeing Officer

Alex Chalakov

Manifesto

Hi,

My name is Aleksandar “Alex” Chalakov and I am running for the position of International Wellbeing Officer, because I believe that I am fully capable of representing the people of Lonsdale College in the best possible way, improving the international student experience.

As a first-year international student, coming from Sofia, Bulgaria, I know the struggles one would come upon while living on campus and generally getting used to the college. Beginning a new chapter of your life is never easy, but I have successfully handled it and would love to help anyone who is struggling to do that. Although a freshman, I’d like to reassure you that it is not my first time representing people from a particular society, as I have taken different positions and roles in events and campaigns through my last years in high school. I have organized charities, raised awareness for climate change and mental health issues, and altogether changed the views of my school, in a better way, in a way that they could help students.

If elected, as your International Wellbeing Officer, I promise:

- to respectfully represent international students and their cultural events and campaigns.
- to look after the wellbeing of all international students on and off-campus
- to always think about every student and treat everyone regardfully.
- to always consider race, sexuality, gender, religion, and disability providing equal opportunities for all.

- to continue spreading awareness towards mental health issues and provide the best support to anyone in need in those difficult times.
- to make the college more LGBTQ+ friendly.

I want especially international students to be able to have a vote on the table and to be truly heard regarding their concerns. The welfare of the students in the college should be of top priority and I'd make sure the university regards it like one. In the face of COVID-19, maintaining your relationships and lifestyle has not been possible to the extent anyone would have wanted to, but that doesn't mean online opportunities to do that aren't feasible. As a part of the JCR team, I'd try my best to propose as many online activities as possible to entertain all students of all backgrounds.

Thank you for reading my manifesto and feel free to contact me regarding any questions on the ideas above and my campaign in general at a.chalakov@lancaster.ac.uk.

Nandini Shivakumar

Manifesto

I am an Indian student, in my first year of Business Economics. I've lived in the UAE all my life, so I know what it's like to shift and start living in a country that isn't your home. I have faced the overwhelming impact of the cultural shock and have also understood how difficult it can be the first time. The overwhelming-ness is also combined with the difficulty of having to move away from your friends and family.

On the other hand, it is such an exciting opportunity to get to know about different cultures and slowly cultivate the feeling of home in another country. I want to help you in your journey of adjusting you a new place by being an approachable representative. One of my strengths is leadership and I have been lucky to be given the opportunity in school to harness this quality of mine. I wish for my peers to know me and feel comfortable enough to contact me and approach me regarding any advice they need.

I will try my best to support the international students to the best of my ability whether it is do with issues relating to housing, your course as well as mental health. If I am unable to

provide you with the support you wished to receive, I will try my very best to make sure I can connect you to the best person for your issues.

Given the current scenario, it is a lot more difficult to make friends from different cultures, and thus I would like to make more events aimed at you such as movie nights, language quizzes and even having online parties to celebrate and learn about different festivals. This would help in learning about the diversity amongst students and also will help you increase your network.

Lastly, as your International Wellbeing Officer, I recognize that your struggles and problems are important and valid, and in order to represent you best I can, I welcome feedback and suggestions in any way.

College Sports Officer (self-defining woman or nonbinary person)

No candidates

College Sports Officer (self-defining man or non-binary person)

No Candidates

Social Secretaries

El Smith

Manifesto

Hi Everyone!

I'm El, and I would love to take on the responsibility of being one of your Social Secretaries. I am in the 1st year of a Psychology course with a minor in Social Work and am also enjoying being a member of Lonsdale college. A few facts about myself, since visiting Nepal for a three-week expedition I have been very interested in travelling and immersing myself in new cultures. I also love everything to do with adventure, such as climbing and coasteering.

Whilst in high school, I was an active member of my student council event team, so I am used to taking lots of people's opinions and turning them into inclusive and exciting events that are fun for everyone. I have been involved with organising both the Year 11 prom and was in the process of arranging the Year 13 ball when the pandemic occurred, and all events were sadly cancelled. I have also organised several fundraising events in the past, including annual Children in Need events.

I am a passionate individual who enjoys all parts of organising events, from finding out where to buy materials in order to stay in budget, to deciding on imaginative dress codes that are entertaining and manageable for everyone. I hope this gives you an insight as to why I believe I would be well suited for this position, and I look forward to representing the college if elected.

Daniel Chestnutt

Manifesto

Hey, I'm Daniel, I'm a student from Ireland and I'm running for Social Secretary. In college I helped organise our formal plus loads of school events and love organising social events for people to have fun and get a break from uni life. Last year I was a PR for Thompsons nightclub in Belfast and organised event nights in the club and worked behind the bar. When I was interailing in Poland I was the Krakow party hostel beer pong champion of 2019. If I'm elected as a social secretary, I plan on making events inclusive to everybody (drinkers/non-drinkers) and planning a wide variety of things that we all enjoy. Hopefully this year we will see a final end to covid, allowing us to plan events for everyone to get together as a college finally and get out of the uni campus – but even if covid sticks about we will focus on planning covid-safe events for everyone to take part in. People who inspire me to be a better events planner are Gemma Collins, Alison Hammond, Megan Thee Stallion and Hugh Hefner and the cast of the Wolf of Wall Street. Anyway, I plan on bringing focus to bigger events which everyone will enjoy from nights out in Liverpool/Manchester to sporting competitions and meets with other colleges and teams in the area.
