

Eight months into the role of VP Sport I feel that I have been able to shape it into one which I am proud of. In this time, I have gained a greater understanding of sport at the University and hence came a slight change in the direction of my objectives. This does mean that my ideas are shaping up differently to what I originally thought.

I am extremely proud of all Lancaster University Sports Clubs. The hard work and dedication that they put into their events is admirable and the passion they have for their clubs is incredible. This is reflected in the results as we are currently coming to the end of the best Lancaster BUCS season ever, and all clubs are continuing to flourish. I am extremely grateful to have had the opportunity to be your VP Sport this year.

### Manifesto Points

Manifesto Point	RAG	Progress
Increase the variety and volume of sports available at college level		<p>Due to resource and facilities extra campus leagues cannot be introduced at this time.</p> <p>I have, however, been heavily involved in the start-up of Active Lancaster. This includes a variety of turn up and play sessions beginning Lent term which allows students to partake in low cost, low commitment sport. The aim of this initiative is to encourage people to get active and try sports that they may have never done before in a social, judgement free environment.</p>
To improve training for executive members of sports clubs, and to ensure one of these roles is welfare based.		<p>At the beginning of the year myself and a few of the other FTOs ran an "exec crash course" which essentially brought together various student leaders and gave them crucial information they would need for the year ahead. A key part of this session revolved around welfare and safeguarding. The other positive outcome of this event was that it allowed for positive relations to be made between myself and club execs which has continued into the year itself.</p>
Set up a training system for college members to get a qualification in coaching their sport.		<p>Unfortunately, this has not been possible to establish in the form that I originally envisioned.</p> <p>However, I would like to note that myself and the SU Sports team have been successful in ensuring there are now more opportunities for students to volunteer and improve their coaching ability. The turn up and play sessions are all led by "Activators" who are student volunteers. The long-term plan with these volunteers is to provide them with opportunities for coaching qualifications in exchange for their time volunteering. With this initiative being new, it will of course take time to get this off the ground.</p>
Begin a new initiative of turn up and play sessions with		<p>Done – starting this term! Including turn up and play as well as couch to 5k. (Huge thanks to the SU Sport Team operational staff).</p> <p>The sessions are going very well, with a reasonably mixed turnout at each. One session a week is ran by</p>

		<p>JCR sports officers as a way of empowering student leaders and attempting to increase the reach of the sessions. Couch to 5k is also consistently occurring and going well. A number of free sessions are being distributed among different areas of the university, for example many are being given to CAT or wellbeing teams as a way of reaching students who need it most. There is also a certain number allocated to wellbeing and CAT teams as well as others put aside as a cost of living resource.</p> <p><b>In the 4 weeks that this initiative has been happening there have been upwards of 250 engagements.</b> This is a huge achievement and something that the SU Sport team should be very proud of.</p>
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### Other Areas of Work

Reforming governance around sport		I successfully set up an operational group that feeds directly into sports board. This has managed to ensure communication from all departments and levels within sport and resulted in smoother running of sport.
Challenging toxic culture		<p>As the very first female VP Sport I feel a strong affinity to this cause. So far, I do feel I have been able to take steps in the correct direction. Last term I hosted a women's+ open conversation, during which I provided female identifying athletes with the opportunity to discuss their experiences and work towards solutions. I continue to support all members in whatever they are experiencing. I am currently looking into training sessions in the exec changeover with a mandatory session about initiations and conduct.</p> <p>This is not a box that I believe will ever be green (as there is ALWAYS more that can be done). I can quite confidently say, however, that movement is being made this year in a positive direction.</p>
Roses		We will be winning away this year (touch wood). For the first time in 38 years. Project pending. All communicated plans have been very well received and excitement is being built in advance of the event.
Provide greater opportunities for students at all sporting levels		From a college-based sports day in welcome week to a whole initiative of turn up and play sessions Lancaster University has seen a huge increase in engagement in sport this academic year.

Communication detailing sports happening on campus every week		I successfully got a new section of the website created. Every week I update this website with which BUCS matches and college sport matches are occurring on campus. There are also league tables online for college netball, football and bar sports.
Cost of Living Crisis		Along with the other officers, I have worked to support students during the cost of living crisis. I have been extremely involved in the organising and delivery of both breakfast club and supper club.

Looking ahead:

The next few months are going to be THE most exciting. With the build up to Roses in full swing already, the SU Sports Team are making big plans. In third term I'm hoping to be able to run an exec development day with the aim of preparing the incoming executive members for the year ahead. Furthermore, I am greatly hoping that this year will be the first year of a Sports Awards event worthy of the time and effort our athletes put in to their sport.

I look forward to the next few months!